



Integrated
Treatment Services
Client-centred Therapy

Online Therapy

Speech and Language Therapy
and Associated Services





Integrated Treatment Services has experience in delivering online therapy over the internet. We are happy to support clients and their families across the UK and from abroad.

Who can benefit from online therapy?

We have a number of enquiries from clients within the UK and abroad who are looking for advice and an informal assessment from the comfort and security of their own home.

Often it is not possible to locate a therapist within your area or within your Country and therefore online therapy can provide peace of mind, where otherwise therapy would not be available to the client.

Finding a therapist locally with the required specialist skills can also be difficult. Online therapy can help overcome this problem.

Spending excessive funds on travelling fees does not make sense and therefore online therapy ensures your budget goes further in accessing therapy.

We find this therapy works well for:

Adults who are able to sit in front of a computer or laptop and answer questions about their needs. Equally adults can ensure that a carer/partner is present to help answer any questions.

We are often contacted by adults and their families/carers due to an adult experiencing:

- An acquired disorder e.g. Stroke
- A progressive disease e.g. Motor Neurone Disease
- A head injury or acute accident - affecting communication
- Difficulties with their voice
- Longer term communication difficulties, continuing from childhood e.g. Cerebral Palsy
- Ongoing Augmentative and Alternative Communication Aid needs (AAC)
- Dysfluency/stammering



We find this therapy works well for:

Children who are able to be observed by the therapist through the web cam. We would also engage in asking parents questions about their child's development.

We often find that children are excited to be able to see the therapist via the computer and some children will readily sit and respond to therapy materials that the therapist shows them. Children are highly motivated by technology and so online therapy can really capture their interests, so therapy does not feel like work!

Equally, those children who are either too young or a little timid of the computer can be observed by the therapist through the live webcam interacting normally within their own home. The therapist can highlight to the parents/carers a list of activities which they would like to observe and then provide structured feedback time at the end of the session.



Essentially we aim to coach and guide parents in the following areas:

- › Attention and listening skills
- › Behaviour management boundaries
- › Language development ideas
- › Speech sound clarity and literacy ideas
- › Developing good oro – placement skills
- › Signing support
- › Sentence building

A further approach is to request specific video footage of the child in a range of activities which the therapist sets for the parents/carers. The therapist then observes this video footage prior to the online session. The online session is therefore held with the parents/carers only and the child does not need to be present.

This approach works really well as sessions can be held in the evening once the children are in bed. We find it allows parents time to spend talking with the therapist together and to form a plan of intervention which can be reviewed at regular intervals. We find this approach works really well for children with complex needs such as Autistic Spectrum Disorders, so that you can access a specialist speech and Language Therapist who can really support you and your child.



Our therapists are also happy to discuss the following diagnoses and offer guidance on therapy approaches and services suitable and available to your child:

- A Developmental delay
- Global delay
- Autistic Spectrum Disorder (ASD)
- Specific speech sound delay/disorder
- Specific language delay/disorder
- Cerebral Palsy
- Down Syndrome
- Augmentative and Alternative Communication Users (AAC)
- Attention Deficit and Hyperactivity Disorder
- Physical disabilities
- Learning disabilities
- Literacy difficulties and dyslexia
- Social communication difficulties
- Eating and drinking difficulties
- Behavioural difficulties

It is important to note that we can not provide any specific therapy targets if we have not assessed the child through one of our face to face or online methods.

Online training

Online training is a new innovative way to ensure our clients and their families, care and teaching staff access the specialist training support they require.

We offer online training in:

- › Colourful semantics
- › Signs and symbols training
- › Visual communication systems
- › Dysfluency strategies
- › Autistic Spectrum Disorder
- › Talk Tools - supporting a Talk Tools programme

We are happy to develop an online training session personalised to your needs.

Online training sessions are often broken down into modules - manageable chunks. We find this allows participants to fit training into their schedules and to process intuition and test out between sessions.

Sessions can take place:

- ✔ Day time
- ✔ Evenings
- ✔ Bespoke time decided by you

How does online therapy work?

Our therapist will book an appointment with you online, usually for an hour to an hour and a half.

- The client needs to consent to therapy by signing a copy of our therapy terms and conditions.
- The client needs to use a Skype account to access the service, therefore a Skype account should be set up prior to the appointment.
- Skype accounts can be set up for free at the following site; www.skype.com
- We ask our clients to read our 'skype tips' prior to the session
- The client needs to provide the therapist with their Skype account name, so that they can be added to the therapists address book.
- At the end of a session, the appointment is invoiced and the invoice can be settled within the following 10 days.

How much does it cost?

You will save money on your therapy session, as the therapist's travelling expenses will no longer apply. This means therapy funds can be spent on direct therapy.

Our online therapy service is charged at the same hourly rate as any of our direct therapy as our therapist's need to book a standard therapy slot in their diary.

(Please refer to a copy of our current therapy terms and conditions).



What if I don't speak English?

Where the client and/or family do not speak English, we are happy to locate interpreters to work alongside the therapist. Equally we are happy for a family member to attend and interpret.

Can I combine online therapy with face to face therapy?

We are more than happy to offer online therapy as an option to all of our clients. You have the choice to decide when you would like to use online therapy and when you would like to see a therapist face to face. We are completely flexible to your needs. Many of our clients combine their therapy with great success.



What our customers say about online therapy and how it has helped them?



Internet therapy support was a life line for me following my stroke. I had consistent contact with a speech and language therapist, guiding me through my rehabilitation - my communication is so much more effective now.

John, Stratford



The internet assessment was fantastic to us and our little boy. Sarah observed him over the webcam quite happily and supported us with therapy ideas. James has now caught up with his age group and we are delighted with his progress.

Maria, Middlesex

In order to discuss your therapy needs in more detail please contact us for a complimentary telephone consultation at your convenience. We can then arrange your first online therapy session within the same week of your enquiry.

Equally you can email or use our confidential enquiry form on our website.

Call: 0845 838 2921

Email: info@integratedtreatments.co.uk

Website: integratedtreatmentservices.co.uk



Speech and
Language
Therapists



Arts Therapists



Occupational
Therapists

An integrated approach to therapy

We can discuss providing you with a fully integrated therapy team, with a choice of;



Physiotherapists



Educational
Psychologists



Clinical
Psychologists



Our therapists integrate their therapy targets into one single therapy plan to achieve the best outcomes

Find us on the following social networks:



@ITStherapy



IntegratedTreatmentServices



integrated-treatment-services



IntegratedTreatmentServices



itstherapy



Integrated Treatment Services

We are passionate about sharing information with others. You can read about new approaches and the latest developments through our news section on our website.

We also share a wealth of resources on our website, and social networks which we hope you will find really useful.

We look forward to working with you

We are happy to put you in touch with other clients who are already using our services.

Get in touch

If you would like to discuss your child's speech and language therapy needs in more detail, we would be happy to discuss their needs further. Please contact us.

T: +44 (0) 845 838 2921

E: info@integratedtreatments.co.uk

Integrated Treatment Services, Brooklyn House,
44 Brook Street, Shepshed, Leicestershire, LE12 9RG

integratedtreatmentservices.co.uk

